

# CURSILLO MOVEMENT SPIRITUAL ADVISOR WORKSHOP

The Spiritual Advisor workshop is being provided to assist Spiritual Advisors in understanding more fully the Cursillo Movement and their role as a Spiritual advisor and also as Cursillista. It is our continuing response to Saint Pope John Paul II's invitation to Ecclesial Movement and New Communities to Study their founder and charism.

Eduardo Bonnin, our founder, was avid reader especially in the areas of theology and psychology. He wanted to understand the human person in their unique situation and environment and bring the Good News that "God in Christ loves me."

The message of the Foundational Charism of the Cursillo Movement is simply that "God loves us." The means is through friendship and the example of a life lived in grace made apparent to those within the person's "one square meter", which is their environment. If we as Cursillistas are true to our Charism, then we can understand fully and with joy the words of Eduardo

*"Life is beautiful and worth living because God in Christ love us"*

The workshop schedule works best if presented using the following format. It can be set prior to a Regional Encounter or as a standalone workshop. Usually the workshop is given by two clergy and two lay cursillistas. The Region is asked to cover team expenses. Please contact Cef Aguillon, National English Coordinator, [cursillonec@gmail.com](mailto:cursillonec@gmail.com) or Deacon Andy Carrillo, Assistant National Spiritual Advisor, [acarri7688@aol.com](mailto:acarri7688@aol.com).

## **Thursday**

### **Registration and Brunch 11:00 am – 1:00 pm**

1:00 – 1:30pm	Introduction
1:30 – 2:30pm	History of Cursillo
2:30 – 2:45pm	Break
2:45 – 3:45pm	Cursillo, the Popes and the Charism
3:45 – 4:00pm	Break
4:00 – 5:00pm	Mentality
5:00 – 5:15pm	Break
5:15 – 6:15pm	Essence and Purpose
6:15 – 6:30pm	Evening Prayer
6:30 – 7:30pm	Dinner
7:30 – 8:30pm	3 Phases of the Method
8:30 – 8:45pm	Night Prayer

## **Friday,**

7:30 – 8:00am	Mass
8:00 – 9:00am	Breakfast
9:00 – 10:00am	Sequence of the Spiritual rollos and meditations
10:00 – 10:15am	Break
10:15 – 11:15am	The Graces of the 7 Sacraments
11:15 – 11:30am	Break
11:30am – 12:30pm	Spiritual Advisor as a Cursillista
12:30 pm – 1:00 pm.	Lunch
1:00 pm. – 2:00	Questions and Answers/Departure